



Amis de la santé mentale
Friends for Mental Health



Friends for Mental Health (www.asmfmh.org) is a community organization with a human dimension, renowned and appreciated in the community for 42 years, offering support to people who have a loved one living with a mental health issue.

What Friends for Mental Health can offer you:

- **Competitive salary in the non-profit sector**
- **Meaningful work**
- **Work-life balance and flexibility**
- **Dedicated team + healthy, supportive culture**
- **Autonomy, minimal bureaucracy**
- **Personal and professional growth**
- **Nice workspace near public transportation, parking**

Our values:



Authentic Humanism: respect for the dignity and autonomy of the individual, and this with solidarity, authenticity and commitment.



Professionalism: knowledge, know-how and interpersonal skills that allow us to offer high quality services and to distinguish ourselves.



Dynamism: refers to creativity and action, to take action, to build, to create, to innovate, to dare, to accomplish, to achieve and to provide leadership.

We are Hiring!

Family Peer Support Worker

Description of tasks and responsibilities:

The candidate will participate in the offering of services by supporting, equipping and informing members of the entourage of a person living with a mental health issue. He/she will work under the functional supervision of the clinical supervisor, and report to the general director.

As a caregiver of a person living with a mental health issue, a peer support worker has herself/himself faced difficulties related to her/his role as a caregiver and has developed strategies to cope with them. A peer support worker gives hope to family members. They help them to maintain and improve their own quality of life, according to their own values, culture and personal well-being goals.

Responsibilities:

- Listening to and supporting caregivers
- Disclosing one's own experience as a family member in a meaningful way
- Accompany loved ones in identifying and coping with their issues
- Empathize and build trust with caregivers.
- Provide information on resources adapted to their needs, and suggest resources where necessary

Candidate Profile:

- Have lived or is currently living the experience of accompanying a person living with a mental health issue.
- Have successfully completed or willing to complete a specialized training in family peer support intervention
- Ability to analyze and solve problems
- Ability to relate to others and help others
- Ability to transpose one's own experiences for the benefit of other members of the entourage
- General knowledge of mental health issues and associated challenges
- Knowledge of the public services system
- Bilingual (spoken and written)

Part-time (2 days/week), one-year fixed-term contract position

26.00\$ per hour, according to salary scale

**Send your resume to: info@asmfmh.org.
Only candidates selected for further consideration will be contacted.**